



"Greater energy and greater passion is more extraordinary than greater genius."

— Lt. General Arjun Ray, (Retd.), PVSM, VSM

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Sports for Leadership

It is common to hear people say that sports keep the body and mind healthy and fit. This is true.

But more than that, sports also make us leaders.

21st Century is an age that is complex and full of uncertainties. No one can say what will happen tomorrow and no one can solve all the problems on their own. They need the help of their team. Working in teams is a key requirement of today and in the future. Sports teaches us:

- a. That the team is more important than the individual. In life you cannot win alone. You need the support of your team.



b. The principles on how to deal with failure:

Welcome failure.

Do not be afraid to fail.

If you do not fail, you cannot succeed.

Life is not about winning and losing; what matters is the effort you put in. Winning is a byproduct.

With warm regards,

A handwritten signature in black ink that reads "Arjun Ray". The signature is written in a cursive style. Below the signature is a single horizontal line.

Lieutenant General Arjun Ray, PVSM, VSM (Retd.)
Chief Executive Officer
Indus Trust